

Algarve Network for Families in Need

.....Give a little, help a lot

the heart of the community



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Algarve Families in Need.... News

HELPING 18 FAMILIES IN JANUARY.....

Wow!! This month we have helped 18 families with furniture for their homes. Beds, sofas, drawers, closets, fridges, washing machines, towels and bedding. Every item donated resulted in so many happy families - we are truly grateful to all the donors.

Additionally, we have been able to help families in crisis with food, baby items and other immediate needs.

These are the words of one young woman who benefitted.....

"Good Afternoon. I would like to thank you from the bottom of my heart for the Intermarche vouchers Andrea brought me to Alvor. May God always bless you"

We were only able to send these vouchers for food as well as nappies and clothing because of the continuing support we receive. So, a huge "thank you" to everyone and thank you Andrea for stepping in and making the delivery.



SUPPORT OF THE HOMELESS.....

We are delighted that Sandra is going to start supporting homeless people and others in Lagos by preparing and distributing soup..... these folk generally have no means of cooking. Sandra has what she needs to start this project, which is to be ongoing. So, once again we are asking for your help.

We are requesting donations of fresh or frozen vegetables which will form the basis of the soup. Regularly, we will also need containers, eg. large yoghurt pots, ready meal containers or anything similar. This will make a big difference to those who cannot get a hot meal on these cold days.

If you can help please contact Sandra Thompson via our [Facebook page](#). Of course, you can always message me if you have any difficulty.



UPDATE: "Glasses for Children".....

With regard to our 'Glasses for Children' project, we are unfortunately being held up by the lack of readily available statistics on the number of children in the Algarve.



Available Government statistics do not separate the regions, except for Madeira and the Azores and it is essential that we have these numbers before we can effectively proceed with fund raising. So, if anyone can direct us towards what we need we would be truly grateful.

We would also like to hear from any schools that would be happy for us to arrange eye tests for a class of children in age groups 5 to 9 and 10 to 14. With these numbers we could do so much more, so please help if you can.

FOUR YEARS SINCE LOCKDOWN.....

On 13 March, we will 'celebrate' four years since the first day of lockdown in the Algarve. What followed was probably the worst time many of us have ever experienced. However, we were so fortunate in the way that we saw this epidemic bring out the best in people!

Even after all this time, I'm still amazed at how people continued, week after week, to donate food for those without means and how money poured in from those who weren't able to reach collection points. So let's re-create the best of that time.

I'm inviting those who can, to cook a hot meal for a family in need.... perhaps for someone who lives nearby and is struggling!

You may enjoy it so much you make it a regular thing.
How great that would be??



Until next time.

Bernadette