

# Algarve Network for Families in Need

.....Give a little, help a lot

the heart of the community

## FIN NEWSLETTER - No 11 - February 2023

### Algarve Families in Need.... News

**Appeal**.....if anyone has bunk beds that they'd like to donate.... bunk beds are always on our wish list, please [click here](#) to send an email or PM us through our [Facebook page](#).

Apologies for our late report, but our web updates were delayed due to trips away and family time for Jenny.

Remember how we were all encouraged to look out for our neighbours during lockdowns .... and what a fabulous response we had from our community here in the Algarve. Luckily we got through it and tourism opened up again and people got back to work.

However, now times are hard again! For various reasons food prices have risen out of all proportion and, of course, family incomes have not matched those increases. Our Algarve families are really struggling. One lady who recognised this (she doesn't want to be named) was already cooking for a soup kitchen. She appreciated how much she had and how difficult times are for many families.

However, now times are hard again! For various reasons food prices have risen out of all proportion and, of course, family incomes have not matched those increases. Our Algarve families are really struggling. One lady who recognised this (she doesn't want to be named) was already cooking for a soup kitchen. She appreciated how much she had and how difficult times are for many families.

She asked us to identify some families and now they receive cooked meals and goodies delivered to their homes every Tuesday.

They are delighted and the children love the goodies!!!

Could you do the same for one of your neighbours. Just cook a little extra one day a week and take it to a family you know to be struggling. If you don't know of anyone, we can help but I'm quite sure you will know someone in your locality who would welcome a meal.

Hopefully we'll get over this difficult time very soon but in the interim, every gesture will mean so much to those who need it.

Remember..... 'give a little, help a lot'.

In order to be helpful in more specific and direct ways, we've decided to look at projects/ areas where we'd be in a position to co-ordinate funds and assistance. Initially, we've identified two projects that we're keen to apply to those in need.....

## **Help for Parents**

Having a child hospitalised, particularly at distance and for a lengthy duration, can be stressful enough but the additional expenditure of travel, meals and possible hotel stays can be devastating for some families.

One gentleman who faced this problem when his son (who ultimately passed away) now wants to help families in a similar predicament through fundraising here in the Algarve. Whilst this is an individual project he would like it to be linked to our charity. We are very pleased to do this and will help as much as we can.

To start, we would like to hear from families who have gone through this process and who would be willing to tell us what were the main issues that they faced.....

- What support was available and more importantly, what was not available?
- What were the unexpected costs that people normally may not be aware of?
- What other areas would you deem important in terms of offering help?

Please click [here](#) to send an email or PM us through our Facebook page in assured confidentiality and help us to define how best to use any funding that becomes available. Your experience can help others.

## **Glasses for Children**

We know that spectacles are expensive in Portugal..... this is an article from the Portugal News describing the problem!

As an introduction to this project, we would like to get in touch with a small number of families whose children have never had a sight test and for whom such tests are not available free of charge.

If this is you and you would like your child to have a sight test please click [here](#) to send an email or PM us through our Facebook page and we'll try to arrange it.

This will be on a first come first served basis for now but eventually, we hope to be able to offer this service anywhere it cannot be accessed through statutory agencies.

## **Jobs on the Algarve**

We do advertise jobs on our FB page that are available on the Algarve and thankfully, at the moment, it seems that the increased tourism is creating quite a shortage of staff in many areas.

We're listing links to the various employment agencies across the Algarve, a few from the UK and an agency based in Lisboa, to assist our families with their search for work.

### **Glass Door, UK**

Although UK based, they appear to have quite a few jobs on the Algarve.

### **Jobgether**

UK based agent, offering positions that are "work from home"

### **Jobs in the Algarve**

An informal FB page where you can chat with prospective employers.

### **Hire Basis**

Another agency offering remote opportunities.

### **Slide and Splash, Lagoa**

They currently have quite a list of requirements.

### **Adecco**

Temporary and permanent recruitment agency with call centres, outsourcing, payroll and training services.

### **Centro de Emprego**

Job centre for employment searches and opportunities. Training centre and coaching certification. Five offices in Faro, Lagos, Loulé, Portimão and Vilareal St Antonio.

### **Arco Largo**

Recruitment of 18-35 yr olds as interns in tourism, sporting and hospitality businesses.

### **Elevus Lisboa**

A long term partner in the Human Resources sector adding value to the Stakeholders, workers, business partners and customers.

## **Bernadette**