

# Algarve Network for Families in Need

.....Give a little, help a lot

the heart of the community

## FIN NEWSLETTER - No 001 - January 2022

In January, we were approached by a young mother whose little boy needed glasses and who was advised by his School, that he could not manage much longer without them - a single mum on minimum pay who just didn't have the money to buy spectacles. This is not something that we could normally help with but with money left from a very large donation from Boa Vista Golf Club, on this occasion we were able to assist.

Immediately before Christmas we were advised of an elderly man who was having great difficulty in breathing. He needed a small machine to help but only had access to this equipment once a week at the local hospital. Fortunately, one was offered for donation but after a short while we heard that it was no longer working effectively. Again, thanks to the donation from Boa Vista we were able to buy a new one which is now in his home. We look forward to hearing what difference it has made. We also managed to acquire an exercise machine for a lady who had damaged her knee.

In January, we were informed of a family who had been living wholly independently but a series of misfortunes had thrown them into a situation where they were really struggling. With two small children, we felt we needed to help them whilst they got back on their feet. Following an appeal on our Facebook page we acquired nappies for one child, clothes, food and toiletries and, using cash cards donated at Christmas we were able to buy nappies for the other child, as well as baby formula

and fresh food. We have put by clothes for the next baby stage and have no doubt that this family will soon be back on their feet.

Over this time we have been amazed at the various ways that donors have found to raise money to support our families. People celebrating milestone wedding anniversaries or birthdays have asked guests to donate rather than buying presents, others have raised money through singing and/or dancing performances, one lady even sold a kitchen and donated the proceeds!!! How cool is that.

We so much want our charity to be community led and if you have any ideas about how we could better help our families please do let us know.

Next month Nadia will be here to share some more of our 'stories' as we continue to make life a little easier for those less fortunate than ourselves.